

MINUTES OF THE 2ND ANNUAL GENERAL MEETING OF THE INSTITUTE  
OF PSYCHOSEXUAL MEDICINE

Held at The Royal Society of Medicine on the 18th March, 1977

43 Members were present

Apologies for absence were received from:- Dr. Gregson, Dr. Freedman, Dr. Broome, Dr. Bramley, Dr. Skrine.

1. The Minutes of the 1st Annual General Meeting were signed.

2. The President's Report

Dr. Main said -

"The past year has seen the Institute consolidating its position and its identity as a learned body. It has pursued with steadfast purpose its central task of maintaining and developing its specific method of training by seminars. Its training method - centred on the study of the doctor-patient relationship and the elucidation of unconscious factors behind symptoms, physical and psychological - distinguish it even more clearly from short intensive crash courses, which increase knowledge but not skill, and from attempts to pursue ends based on the authority of the therapist rather than the study of the patient. Today it is easily the most significant training organisation in this field, certainly in this country and (so far as can be gathered) anywhere in the world. The significance of our training and the status of our members has been increasingly accepted by various authorities, medical, University and N.H.S.

We have a regular Newsletter. We have a Research Committee and we have held a few but none-the-less significant scientific meetings. We have some reason to be satisfied so far, but we cannot be content.

Our finances are few. We have no geographic presence, no place of abode, no paid staff. Our officers carry out their work for the Institute largely at their own expense.

Our qualifications are not yet formally recognised by the G.M.C. We have not yet arrived at a position when we can confidently appeal to philanthropic bodies, the public or the public authorities for regular support.

We cannot offer training in all those locales where it is sought. Our efforts to produce more leader-doctors takes time to succeed and demands exceed supply and meanwhile we must not lower our standard to meet popular demand. We have much to do.

I am confident that a year from now further progress will have been made though many of our needs will not have been met. Meanwhile you have a Council which studies and works at these problems - officers who give many hours of effort and imagination ungrudgingly, and trainers who are skilled and devoted and an apparently endless supply of keen trainees. Our basic strength remains as it was when our Institute was founded - the enthusiasm of doctors, members, trainers and trainees.

I wish to thank on your behalf the officers of the Institute who spend long evenings in its service after labourious days:

Secretary.	- Dr. Margaret Blair
Treasurer	- Dr. Fay Hutchinson
Editor	- Dr. Katharine Draper
Training Secretary	- Dr. Prue Tunnadine
Panel Secretary	- Dr. J. Pasmore

Last I must record on your behalf our thanks to the Rose Family Trust, The Roget Trust, The Eleanor Rathbone Trust, The Michael Prince Trust, Hugh Rose and

Mrs. Pamela Sheridan, The Triangle Trust and the Barnes Trust. All have paid in to Monkton Fund (for travelling expenses for advanced seminars, Leader Doctor Seminars and Secretarial expenses for advanced seminars) and I want to acknowledge yet again our esteem, affection and gratitude to Mrs. Nancy Raphael without whose steadfast support and good offices we would not have these funds nor be so well established - perhaps not established at all."

3. The Secretary's Report

Dr. Blair said that -

The Institute had held three meetings in the past year - a meeting at the Royal Society of Medicine in July, run by the Research Group. A weekend Symposium in Bournemouth in September, supported by Wyeth, and a combined meeting with the International Society of Psychosomatic Obstetrics and Gynaecology in November.

Wyeth had agreed to publish the papers presented at Bournemouth but had not done so yet and the Council had considered trying to arrange for publication independently

The papers presented at the joint Meeting with I.S.P.O.C. would be published later this year in The Journal of Sexual Medicine.

The Council had met five times and the other officers would be giving their own reports.

Publication of the register was still delayed as only 83 members had sent in the information asked for. Those who had not replied would be sent a reminder asking them to reply by return as otherwise their name and details would have to be omitted from the Register. The Register would be of Institute members only and would not be an updating of the F.P.A. Register as stated in the N.A.F.P.A.D., Wyeth Publication - "Evidence to the Royal Commission on the National Health Service on Family Planning Services in the National Health Service".

During the past year a few members had given interviews to Journalists or written articles for newspapers and journals mentioning the Institute and this had led to several hundred enquiries from patients from all over the country asking for lists of doctors trained in psychosexual problem work. Many of these letters went into considerable detail about the writer's problems and it was obvious that a number of them were not at all suitable for our kind of treatment. All had had to be answered and had put a considerable strain on the very limited secretarial resources of the Institute. It is debatable whether this is the work of the Institute at all or whether it should be the responsibility of whoever gives the interview or writes the article.

Returning to one of the stated aims of the Institute the Council had continued to try to get recognition of our training and for this purpose had approached the G.M.C. and the following is a copy of their latest reply (copy attached).

The Council discussed briefly making ourselves better known to the Royal Colleges and this would certainly be one of our tasks for the coming year.

Suggestions for programme - Symposium at Newcastle, 9 - 10th September, 1977.

The Secretary's Report was adopted

4. The Treasurer's Report

Dr. Hutchinson stated that:

The Financial Position was healthy at the moment and this was a short year of nine months.

The cost of postage of the Newsletter had increased during the year.

Number of members	152
Associate members	18

40 had not paid subscriptions and reminders would be sent as this represents nearly £200.

Mrs. Nancy Raphael and Lady Monkton had been working hard and had raised a total of £5000 for the fund which is very encouraging. The Institute was enormously grateful as this helps relieve some of the burden on Doctors attending for further training.

£4000 has been invested in Local Authority Yearling Bonds this being more profitable than a Deposit Account.

The Monkton Fund could be used for doctors travelling from a distance to attend advanced seminars and for secretarial expenses for advanced seminars.

The balance sheet is attached.

The Treasurer's Report was adopted

5. The Training Secretary's Report

Dr. Tunnadine stated that there were now 27 groups, compared with 16 last year and 4 when the Institute took over from the F.P.A. Leaders should keep a register of trainee attendance.

Training is not financed by the Institute and each seminar must be self-supporting.

In the discussion that followed it was suggested that "top up" seminars might be useful for doctors who had completed training some time ago.

Dr. Tunnadine's Report was adopted

6. Editor's Report

Dr. Draper said that there had been 3 newsletters each soon after a general meeting. Mrs. Raphael thanked Dr. Draper for her work for the newsletter.

7. Assessment Panel Report

Dr. Pasmore stated that the Panel had met twice and 7 members had been passed.

Dr. Main said that there would be no more provisional accreditation and that there were difficulties about assessment which were not solved yet, but assessment was by an independent panel who also had reports from the trainees leaders.

The Council were also working on the problem of how to choose apprentice leaders.

8. Report of work of the Research Group

Dr. Brown said that -

There have been eleven formal meetings of the committee and the final half day of the Bournemouth conference was given over to the proposed study.

Drs. Kilvington and Shirley-Quirk have met together to plan case studies for 'Form' completion training and Drs. Brown and Bramley discussed one of these 'Form' revisions in York.

We were grateful for the July, 1976 meeting on a definition of non-consummation for the proposed study.

As yet no study is under way as our time has been taken up in attempting to obtain a grant to support the proposed study.

We were turned down by the "Small Grants" Committee of the D.H.S.S. after a great deal of work by Dr. Draper in formulating and writing a long and complex application document.

Dr. Bramley then undertook to apply to Trest, her local A.H.A. and received much help from Professor Knowelden, Professor of Community Medicine at Sheffield. Unfortunately after an enormous amount of work by Dr. Bramley and several revisions and prunings of our reporting form and its format we again were unsuccessful.

Some help has been given to us by the Margaret Pyke Centre who provide us with a venue and accommodation for our meetings and have offered us further accommodation for a full day's workshop prior to launching of the project.

Our own Council has provided financial help for secretarial purposes to Drs. Draper and Bramley.

Application has been made to another nine organisations for supporting funds but so far without success. Another three are still pending.

We planned an original study reporting 'form' which has now been revised NINE times. The various revisions have been made on advice from or requests by bodies to whom application for grant has been made.

All Institute doctors were circulated about taking part in the study by Dr. Kilvington in 1975. Personal contacts were made at Bournemouth. Participants were also sought via the same form in the October, 1976, Newsletter on which we were invited to apply for admission to the new Register. (For assistance here we wish to thank Dr. Blair).

From the many doctors who offered to take part in the study we may have to select a defined group - to satisfy a grant application committee. We apologise therefore for delay in acknowledging and/or accepting the offers to participate to date.

As fund raisers we have as yet met with no success and because of this we have so far been unable to really function as a research group.

Dr. Butcher suggested that The Institute should try to raise money itself for research and that each member should be asked for a contribution of £10. This would not be compulsory. The meeting adopted this proposal.

Dr. Main thanked all the offers for their work during the past year, and Dr. Blair thanked the President for his work.

## 9. Election of Council

Dr. Shirley-Quirk resigned. No other members were due to resign this year. Miss Thompson and Dr. Broome had been proposed and seconded and agreed to serve and as the Council has power to co-opt both will serve on the Council for this year.

The business meeting was concluded and a Clinical Meeting followed on "Difficulties encountered due to cultural differences." There were case presentations by Drs. Hinshelwood, Christopher and Pasmore.

GENERAL MEDICAL COUNCIL  
44 HALLAM STREET, LONDON, W1N 6AE.

22nd February, 1977.

Dear Sir,

I have now been able to consult the Chairman of the Council's Education Committee about your letter of January 26 inquiring whether the training given by the Institute of Psychosexual Medicine might lead to the Institute's qualification of Membership becoming registrable. The Chairman was assisted in his consideration of the matter by Professor Sir Denis Hill who is also a member of the Education Committee.

The Chairman has asked me to explain that although a wide variety of higher medical degrees and diplomas are granted in this country the Council has for the time being decided to restrict the registration of such degrees and diplomas to :

- (1) those degrees of Doctor of Medicine and Master of Surgery which have always been registrable; and
- (2) the Memberships and Fellowships of the various Colleges.

The matter may be reviewed at a later stage, in relation to the issue of specialist registration proposed in the Merrison Report, but the criteria currently adopted by the Council, as explained above, do not allow the registration of qualifications such as those granted by your Institute. This need not of course prevent doctors who hold these qualifications from using them in appropriate circumstances.

Yours faithfully,

M.R. DRAPER

Dr. M. Blair,  
Institute of Psychosexual Medicine,  
c/o West London Hospital,  
Hammersmith Road, London, W6.

THE INSTITUTE FOR PSYCHOSEXUAL MEDICINE  
INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31ST MARCH 1976

	<u>£</u>	<u>£</u>
Subscriptions		495.00
Donation - Rose Family Trust		100.00
Bank Deposit Interest		<u>57.28</u>
		652.28
<u>Less: Expenditure</u>		
Hire of Hall	24.86	
Secretarial Expenses	41.23	
Postage	27.14	
Printing and Stationery	138.44	
Legal Expenses	149.14	
Accountancy and Audit	21.60	
Repairs and Equipment	7.50	
Lecture Fee	10.00	
Depreciation	<u>3.80</u>	<u>423.71</u>
<u>Excess of Income over Expenditure transferred to Capital Account</u>		<u>£ 228.57</u>

THE INSTITUTE FOR PSYCHOSEXUAL MEDICINE  
BALANCE SHEET AS AT 31ST MARCH 1976

<u>CAPITAL ACCOUNT</u>	<u>£</u>	<u>£</u>
Balance, as at 1st April 1975	352.70	
<u>Add:</u> Excess of Income over Expenditure for the year	<u>228.57</u>	581.27
 <u>MONKTON FUND</u>		
Transfer from F.P.A. Monkton Fund	1,250.00	
Less: Travelling Expenses to Advanced Seminars	130.92	
Secretarial Expenses	<u>19.00</u>	<u>1,100.08</u>
<u>Creditors</u>		<u>65.21</u>
		<u>£ 1,747.19</u>
 <u>Represented by:</u>		
<u>Office Equipment, at Cost</u>	39.80	
<u>Less: Depreciation</u>	<u>3.80</u>	36.00
 <u>Cash at Bank</u>		
Capital Account - Current Account	176.45	
Deposit Account	315.66	
Trust Account	50.00	
Monkton Fund	<u>1,119.08</u>	1,661.19
<u>Debtor</u>		<u>50.00</u>
		<u>£ 1,747.19</u>

REPORT OF THE AUDITORS TO THE MEMBERS OF THE  
INSTITUTE OF PSYCHOSEXUAL MEDICINE

In our opinion the above Balance Sheet and Income and Expenditure Account give a true and fair view of the state of affairs of the Institute as at 31st March 1976 and of the excess of Income over Expenditure for the year ended on that date.

LONDON

April 1976

BREWER & CO.,  
CHARTERED ACCOUNTANTS